

# Welcome to the GED® Tuesdays for Teachers Webinar

- The webinar will start at 3:30 p.m. (EDT), 2:30 p.m. (CDT).
- If you have a technical question, please type it into the question panel.
- When you log on, check your audio to make sure your headphones are working properly. If you use your phone to call in, be sure to enter the appropriate codes.
  - If you do not hear anything during your audio test, look on the dashboard. Open the “audio” tab and select the option you prefer.
- You will not hear the presenters until 3:30 p.m. when the webinar goes live.
- Check the chat box to see any messages from the presenters.
- Thank you for joining us today.

# 2020 – It's Been a Year Like No Other! However, We Persisted!

A Tuesdays for Teachers Webinar  
by the GED Testing Service®



# Welcome



Scott Salesses, GED  
Testing Service



Susan Pittman,  
Education Consultant



Adora Beard, GED  
Testing Service

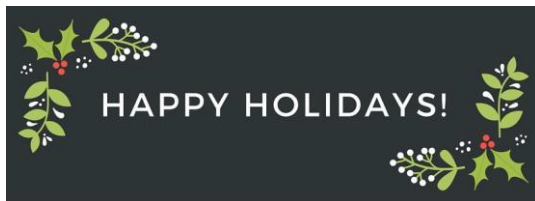
# In this session, we will...

- Discuss the revolution in education thrust upon us by the pandemic
- Discuss the innovative teaching methods and platforms to serve adult learners
- Discuss the innovations and accomplishment that have allowed adult learners to continue testing
- Review GEDTS tools and resources created and enhanced in response to teaching and testing needs
- Review how new strategies and activities may be used in 2021 to improve students' engagement and retention
- Celebrate the new year stronger and better prepared for the challenges ahead



# Time Marches On:

# 2021



January							February							March						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
3	4	5	6	7	8	9	1	2	3	4	5	6	7	8	9	10	11	12	13	14
10	11	12	13	14	15	16								15	16	17	18	19	20	21
17	18	19	20	21	22	23								22	23	24	25	26	27	28
24	25	26	27	28	29	30														
31																				

April							May							June						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3							1			1	2	3	4	5
4	5	6	7	8	9	10								6	7	8	9	10	11	12
11	12	13	14	15	16	17								13	14	15	16	17	18	19
18	19	20	21	22	23	24								20	21	22	23	24	25	26
25	26	27	28	29	30									27	28	29	30			

July							August							September						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
4	5	6	7	8	9	10														
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18	19	20	21	22	23	24														
25	26	27	28	29	30	31														

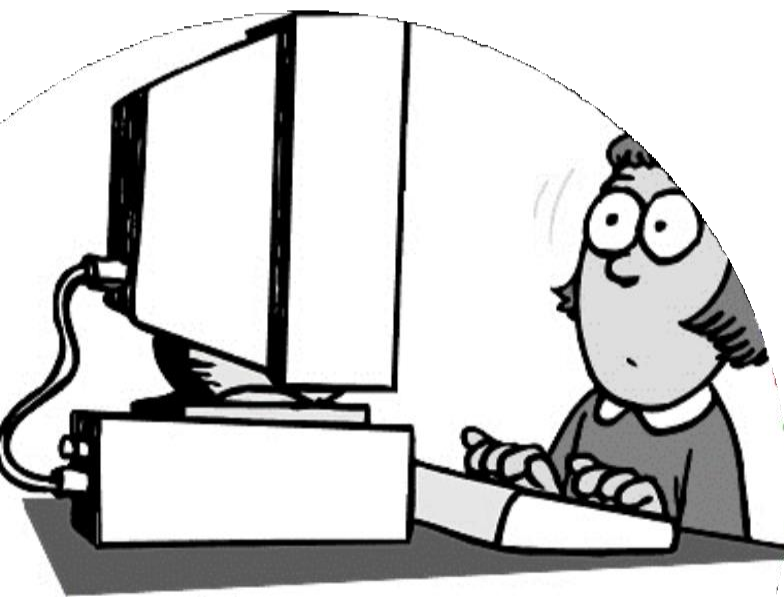
  

October							November							December						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
3	4	5	6	7	8	9														
10	11	12	13	14	15	16														
17	18	19	20	21	22	23														
24	25	26	27	28	29	30														
31																				

Here we go again!

**BACK  
TO THE FUTURE**

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# It's a Brave New World

Transitioning from Test Centers to  
Online Proctored Testing

# Innovations for Teaching the Adult Learner

## Implementing Teaching Models:

- Face to Face
- Hybrid
- Virtual

## Mastering the Accompanying Technology:

- Classroom management platforms
- Student engagement platforms
- Accessing resources and materials



# Mini-Conference Sessions Recordings Now Available

[https://ged.com/educators\\_admins/teaching/professional\\_development/webinars/](https://ged.com/educators_admins/teaching/professional_development/webinars/)



# Tuesdays for Teachers:

## August 25-December 8

How Can I Make This  
Work-Teaching GED®  
Students in the "New  
Normal"

GED Update – Testing  
and Instruction



Meeting the  
Challenges to  
Finishing Strong in  
Math

ND DOCR  
Transformation in  
Adult Education &  
Growth Mindset

The Online Proctored  
GED® Test—Part One

Practice Makes  
Perfect (AND Could  
Raise a GED Score by  
4 Points!)

Modeling Hybrid  
Learning

The Online Proctored  
GED® Test—Part Two

**That's a Wrap!**  
**December 8**

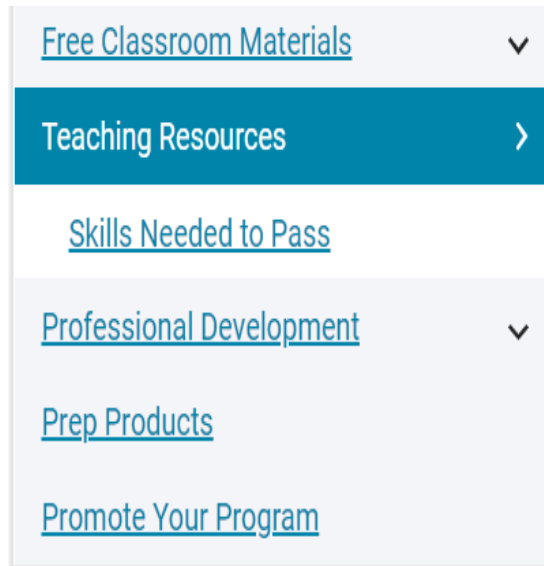
# Professional Development: Everything Old is New Again!



Stay in the know from GED® experts.



- Tuesdays for Teachers
- On Demand specific webinars/discussions



# Refreshed tools driving student recruitment into local programs



# GEDPrep Connect

New tools that have helped local AE programs recruit new students.

- More than 100,000 adults have interacted with GED Prep Connect
- Thousands of new students have participated in AE programs due to these tools
- Created based on research and guidance from local program directors

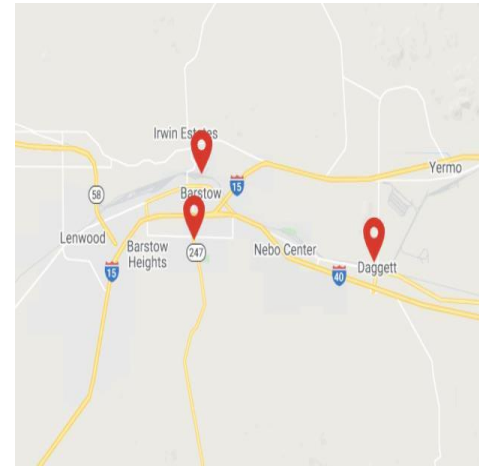
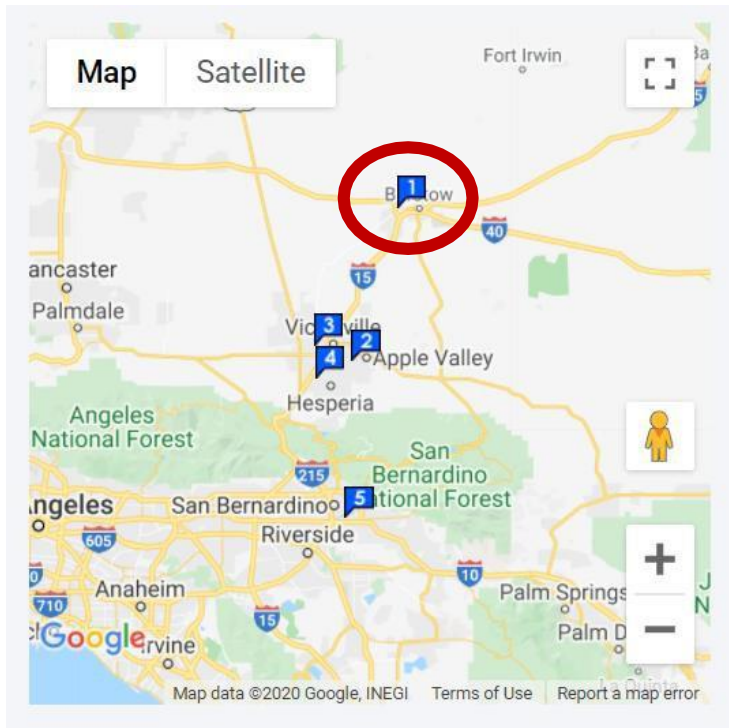
## How it works:

Students are encouraged to connect with an AE program and are given opportunities to provide their info to receive info or enroll

**PREPARATION Programs** can easily access, manage student lists, and contact potential new students

# GED.com : Find a Test Center/

# Find a Prep Center

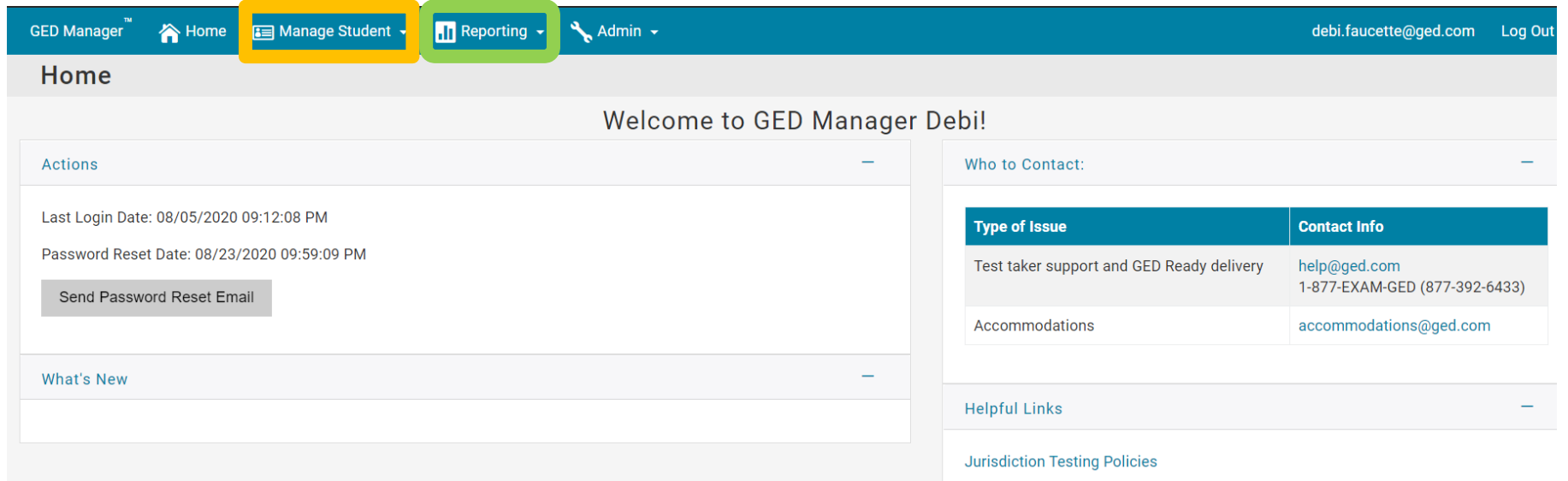


# GED Manager: Powerful Reporting Tool

- Accessed by approved test administrators and prep program educators
- Users have the ability to:
  - View student scores results/score reports for students in your AE program
  - Run a Passer's Report by test center or AE program
  - Student Test Activity Report allows you to run group reports for students in your program
  - Look up voucher numbers to see if used

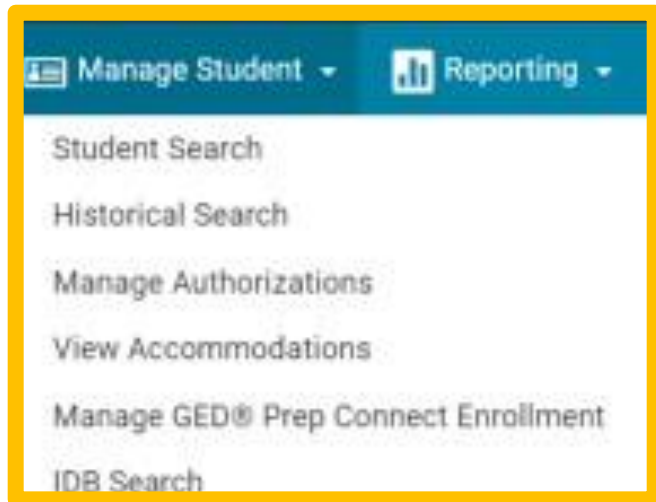


# GED Manager™



The screenshot shows the GED Manager home page. The top navigation bar includes 'GED Manager™', 'Home', 'Manage Student' (highlighted with an orange box), 'Reporting' (highlighted with a green box), and 'Admin'. The user 'debi.faucette@ged.com' is logged in. The main content area has a 'Home' header and a welcome message 'Welcome to GED Manager Debi!'. On the left, there's an 'Actions' section with 'Last Login Date: 08/05/2020 09:12:08 PM', 'Password Reset Date: 08/23/2020 09:59:09 PM', and a 'Send Password Reset Email' button. Below it is a 'What's New' section. On the right, there's a 'Who to Contact:' section with a table of contact information and a 'Helpful Links' section with a link to 'Jurisdiction Testing Policies'.

Type of Issue	Contact Info
Test taker support and GED Ready delivery	<a href="mailto:help@ged.com">help@ged.com</a> 1-877-EXAM-GED (877-392-6433)
Accommodations	<a href="mailto:accommodations@ged.com">accommodations@ged.com</a>



This image shows the 'Manage Student' dropdown menu. The menu items are: Student Search, Historical Search, Manage Authorizations, View Accommodations, Manage GED® Prep Connect Enrollment, and IDB Search.



This image shows the 'Reporting' dropdown menu. The menu items are: Passers Report, Student Test Activity Report, and GED Analytics™.



# Operations Update

- *Test-Taker Help*
  - Calls, Chats, Emails
- *Voucher Store Delays*
- *GED Analytics Refresh*
- *Test Timing Update*

# Refined Times

- “about the test”
- > “test
- subjects”
- Added in time for instructions and breaks



## Time (to take the test)

150 minutes

Includes 3 minutes of instructions and final review  
Includes 10 minute break between parts 2 and 3  
Includes 45 minutes for the written essay

## Test Subjects

The GED® test is made up of 4 subjects, broken into separate exams. You don't have to take all 4 tests at once - you can space them out however it suits you and go at your own pace. Here is an overview of what is on the GED, by subject area.

### Mathematical Reasoning



#### Test Topics

Basic Math  
Geometry  
Basic Algebra  
Graphs and Functions

#### Time (to take the test)

115 minutes  
Includes 2 minutes of instructions and final review  
Includes 3 minute break between parts

#### Format

2 parts, calculator allowed on second part  
Access to calculator reference sheet and math formula sheet  
Multiple choice and other question types (drag and drop, fill-in-the-blank, select an area, and drop down)

#### Price

Price varies by state. [See cost per state.](#)

[View Mathematical Reasoning Details](#)

### Reasoning Through Language Arts



#### Test Topics

Reading for Meaning  
Identifying and Creating Arguments  
Grammar and Language

#### Time (to take the test)

150 minutes  
Includes 3 minutes of instructions and final review  
Includes 10 minute break between parts 2 and 3  
Includes 45 minutes for the written essay

#### Format

3 sections  
1 written essay (extended response)  
Multiple choice and other question types (drag and drop, select an area, and drop down)

#### Price

Price varies by state. [See cost per state.](#)

[View Reasoning Through Language Arts Details](#)

### Social Studies



#### Test Topics

Reading for Meaning in Social Studies  
Analyzing Historical Events and Arguments in Social Studies  
Using Numbers and Graphs in Social Studies

#### Time (to take the test)

70 minutes  
Includes 2 minutes of instructions and final review  
No break

#### Format

Calculator allowed  
Access to calculator reference sheet  
Multiple choice and other question types (drag and drop, fill in the blank, select an area, and drop down)

### Science



#### Test Topics

Reading for Meaning in Science  
Designing and Interpreting Science Experiments  
Using Numbers and Graphics in Science

#### Time (to take the test)

90 minutes  
Includes 2 minutes of instructions and final review  
No break

#### Format

Calculator Allowed  
Access to calculator reference sheet  
Multiple choice and other question types (fill in the blank, drag and drop, select an area, and drop down)

# Innovations in Test Delivery

- On-site Test Delivery

- Reduced capacity
- Socially distanced
- Limited hours
- According to county health requirements

- Online Proctored GED® Test

- GED Test offered in English and Spanish
- Local educators shared information with students
- Local educators continue to be a critical connection in preparation for the online test experience

# Online Proctored (OP) GED® Test



# The Online Proctored GED Test®



You have an alert that you need to take care of before you can schedule an online GED test. [View alert](#)

BETA

## About Online GED Testing

Take your GED test from the comfort of your home, while securely monitored by an online proctor.

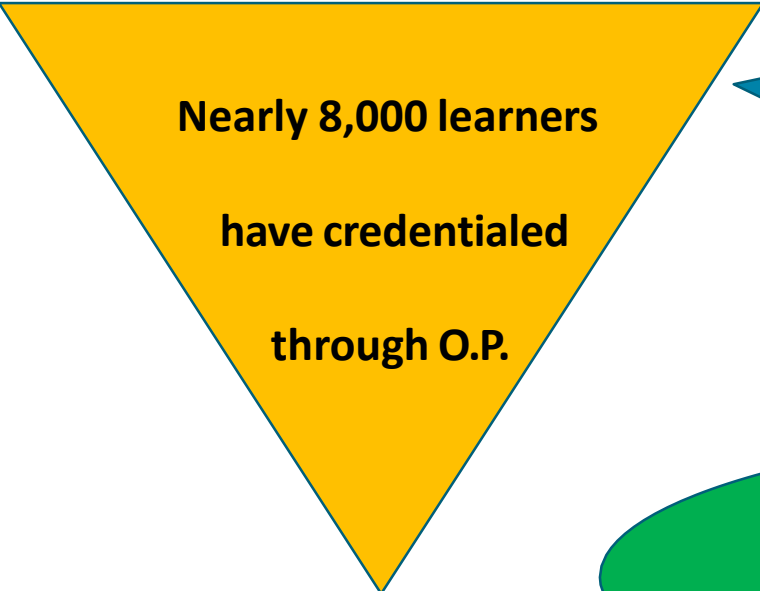
*Online testing is currently only available in English.*



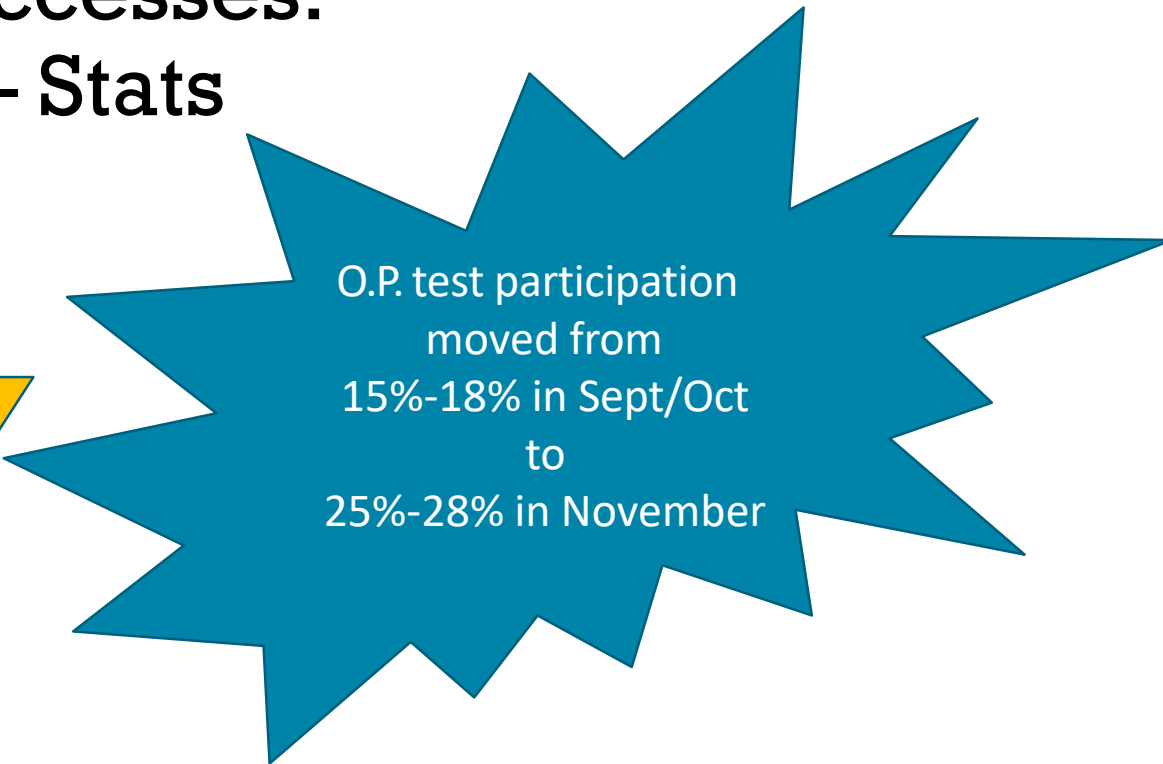
Developed and launched quickly with in-depth guidance and input from state GED Administrators and AE Directors

# Celebrate the Successes: OP Pilot Update – Stats

As of 11/20



**Nearly 8,000 learners  
have credentialed  
through O.P.**



O.P. test participation  
moved from  
15%-18% in Sept/Oct  
to  
25%-28% in November



**More than 47,000 O.P. tests  
have been delivered**

Online testing is  
different from  
in-person  
testing



▶ ▶| 🔊 0:05 / 1:29





# What Educators Need to Know!

*O.P. GED Testing*



# The 5 Things Every Educator Needs to Know to Help Students Take an O.P. Test

Tell them that the O.P. GED test option is available to them

Find all the info they need about this option at GED.com under "About the Test"



OR find info on their GED.com account

Before test day students should practice with the Whiteboard tool to get comfortable before they test

Complete the online system check before scheduling – to make sure their equipment works properly.

The content on the O.P. test is the same content they'd see when testing in person.

# Set Aside Time for Tutorials

- 1) What to Expect
- 2) Calculator
- 3) Whiteboard



Calculator Tutorial

Calculator



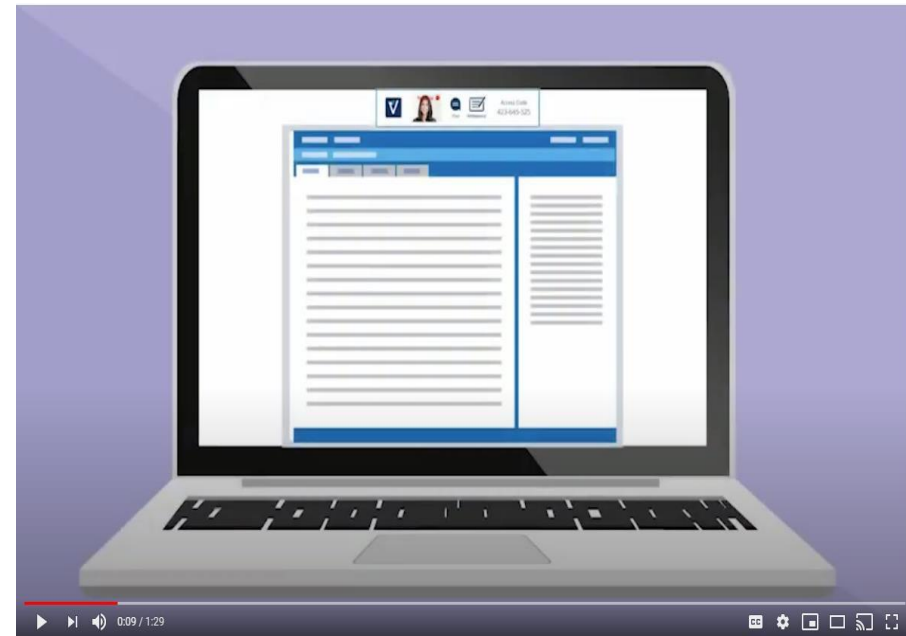
Welcome to the GED® Test Calculator Tutorial

To begin, look at the lower right corner of the screen.

*Click the Next button.*



Next →



# Practice

- 1) Calculator
- 2) Whiteboard



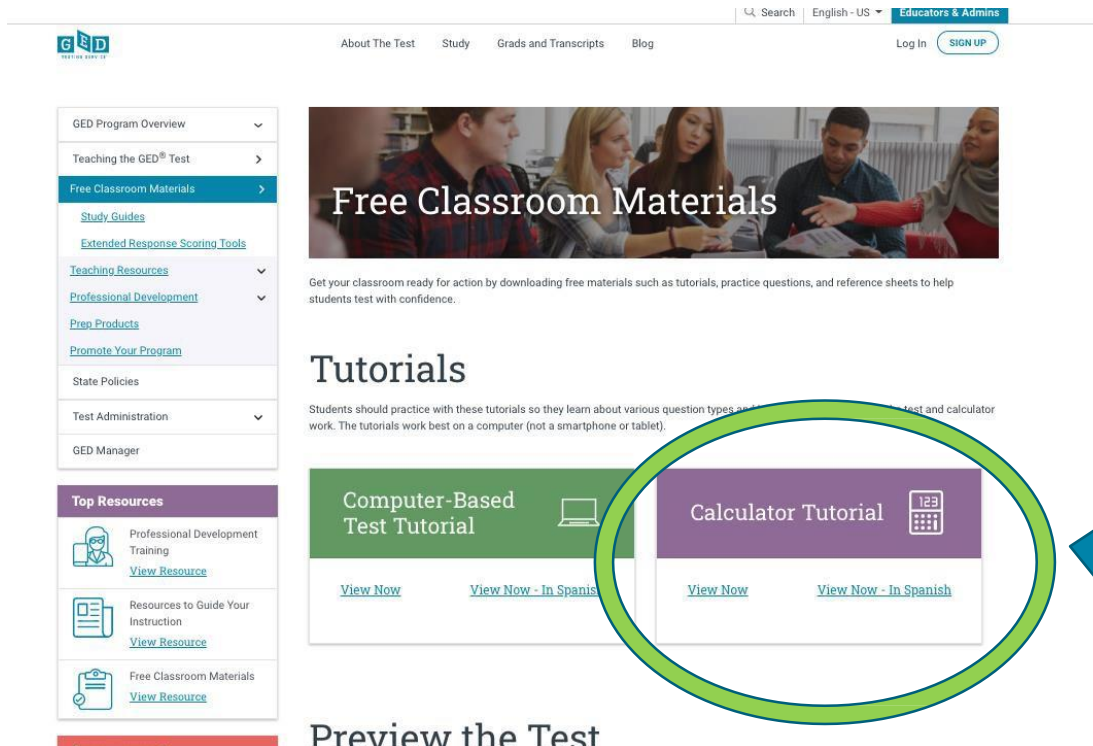
Welcome to the GED® Test Calculator Tutorial

To begin, look at the lower right corner of the screen.

*Click the Next button.*

# Calculator – On-Screen Only for O.P.

- Handheld calculators are not allowed
- On-screen calculator same as GED Ready
- Tutorial available on GED.com under  
“Free Classroom Materials”



The screenshot shows the GED website interface. On the left is a navigation menu with categories like 'GED Program Overview', 'Teaching the GED® Test', 'Free Classroom Materials', 'Study Guides', 'Extended Response Scoring Tools', 'Teaching Resources', 'Professional Development', 'Prep Products', 'Promote Your Program', 'State Policies', 'Test Administration', and 'GED Manager'. The 'Free Classroom Materials' section is highlighted in blue. Below this, there are 'Top Resources' including 'Professional Development Training', 'Resources to Guide Your Instruction', and 'Free Classroom Materials'. The main content area features a banner for 'Free Classroom Materials' with a photo of students. Below the banner, there's a section for 'Tutorials' with a description. At the bottom, there are two cards: 'Computer-Based Test Tutorial' and 'Calculator Tutorial'. The 'Calculator Tutorial' card is highlighted with a green circle and has links for 'View Now' and 'View Now - In Spanish'. A large blue arrow points from the text 'Free Classroom Materials' in the list above to the 'Calculator Tutorial' card.

GED TESTING SERVICE

About The Test Study Grads and Transcripts Blog Log In SIGN UP

English - US Educators & Admins

GED Program Overview

Teaching the GED® Test

Free Classroom Materials

Study Guides

Extended Response Scoring Tools

Teaching Resources

Professional Development

Prep Products

Promote Your Program

State Policies

Test Administration

GED Manager

Top Resources

Professional Development Training View Resource

Resources to Guide Your Instruction View Resource

Free Classroom Materials View Resource

Free Classroom Materials

Get your classroom ready for action by downloading free materials such as tutorials, practice questions, and reference sheets to help students test with confidence.

Tutorials

Students should practice with these tutorials so they learn about various question types and how to use the on-screen calculator and calculator work. The tutorials work best on a computer (not a smartphone or tablet).

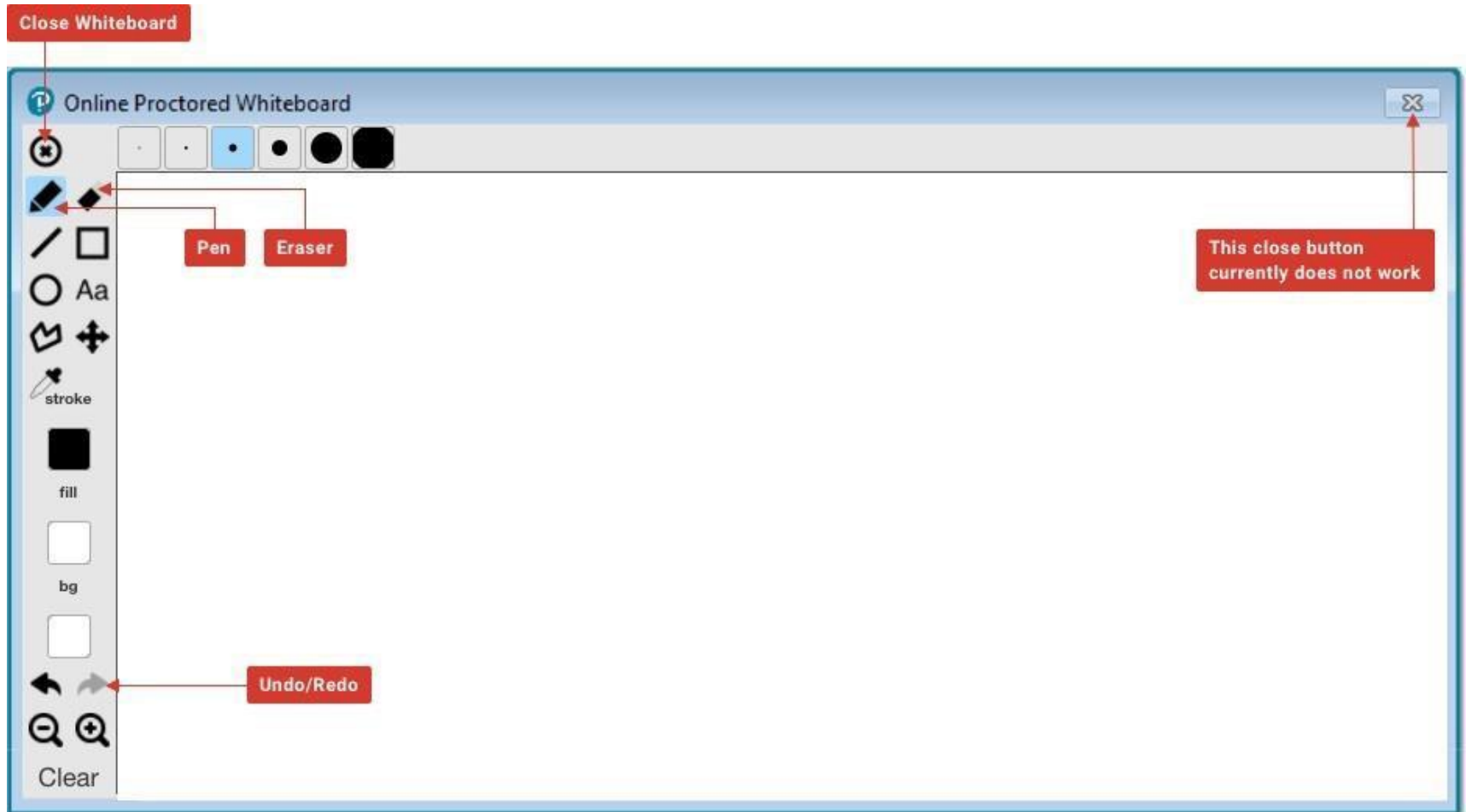
Computer-Based Test Tutorial View Now View Now - In Spanish

Calculator Tutorial View Now View Now - In Spanish

Preview the Test

# Students and Educators Can Practice with the Whiteboard

<https://home.pearsonvue.com/onvue/whiteboard>



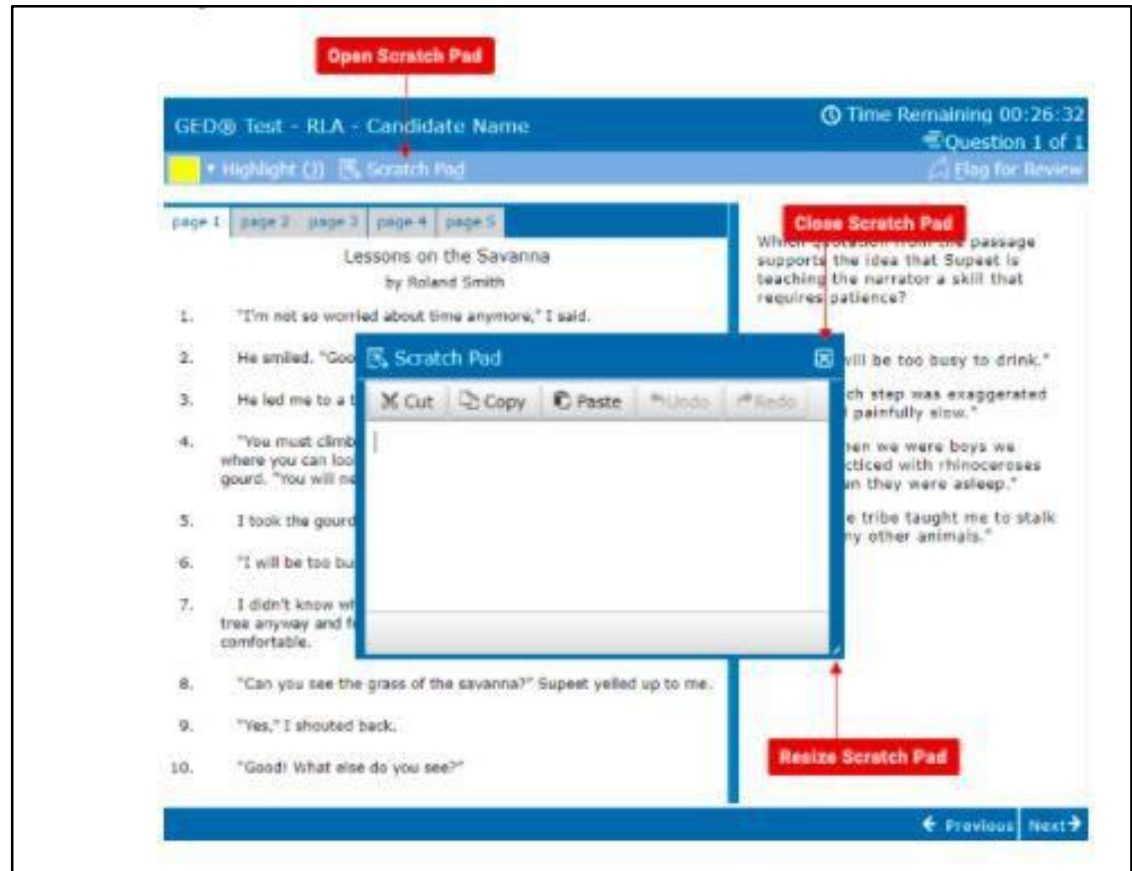
# Combine the Highlighter and Whiteboard Tools for Success

Tool	Tool Name	Tool Purpose
	Pen	Write or draw text, lines, or shapes; you can choose from several thickness and color settings
	Eraser	Erase content on your whiteboard; you can choose from several thickness settings
	Line	Draw lines; you can choose the type of line and the thickness
	Rectangle	Create boxes or grids
	Circle	Create circles or ovals (e.g. for Geometry or Venn diagrams)
Aa	Text	Enter text and take notes; you can resize and expand the text box (note: you will not be able to copy/paste text from the exam questions in the whiteboard during the exam)
	Free Shape / Polygon	Draw free form shapes
	Move / Pan	Pan and move across the whiteboard; this allows you to move and work across any part of the whiteboard
	Color Selection / Eyedropper	Color selector / dropper
	Stroke / Text Color	Choose or change the text color
	Fill Color	Choose or change the fill color of a shape
	Background Color	Choose or change the background color of the entire whiteboard
	Undo / Redo	Undo change or mistake, or redo to bring back deleted content
	Zoom In / Out	Zoom in and out on any area of the whiteboard
Clear	Clear	Clear all content on the whiteboard
	Close	Close the whiteboard



## One More Tool – The Scratch Pad

- Is provided in addition to the Whiteboard
- Does not have the pen functionality of the whiteboard
- Can be opened and closed as a pop-up while the student is taking the test
- Use to take notes from reading passages



# One More Time – Computer Tutorial!

Tutorial - Candidate Name

Navigator - click on a page to go to it

Section#	Status
Section 4 - Mathematics Resources	
Section 4 - Mathematics Resources	Unseen
How to Open and Move the Calculator	Unseen
How to Move and Size Documents	Unseen
Basic Operations of the Calculator	Unseen
Practice with the Calculator	Unseen
Calculator Reference	Unseen
Æ Symbol Tool	Unseen
Formula Sheet	Unseen
Practice with All the Mathematics Resources	Unseen
Section 5 - Test-Tracking Tools	
36 Unseen/Incomplete/Not Viewed	

Close

Navigator Next →

<https://ged.com/practice-test/en/computer-demonstrator/>

# Next Up – Calculator Tutorial

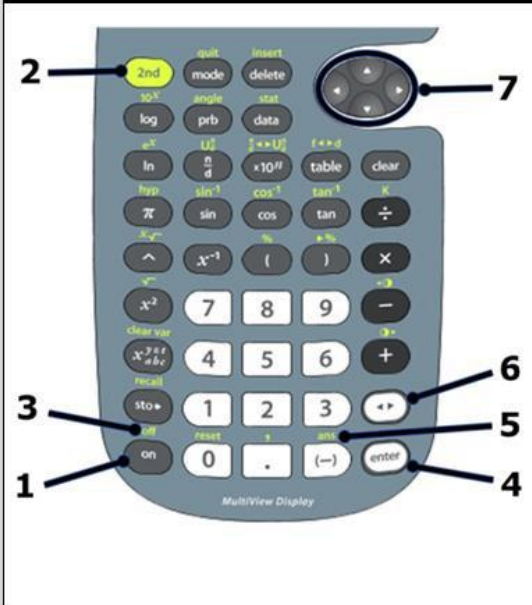
## Calculator Tutorial










### Calculator

#### Instructions

#### Basic Operations of the Calculator

Locate the **basic keys** on the image and review their **functions** in the numbered list.



- 1  turns on the calculator.
- 2  turns on the 2nd indicator and accesses the function shown above the next key you press.
- 3   turns off the calculator and clears the display.
- 4  completes the operation or executes the command.
- 5   recalls the most recently calculated result and displays it as Ans.
- 6  toggles the answer between fraction and decimal, exact square root and decimal, and exact pi and decimals formats.
- 7  allows you to move the cursor on the screen and in operations as necessary.

Practice with the Calculator keys on the next page.

← Previous   Next →

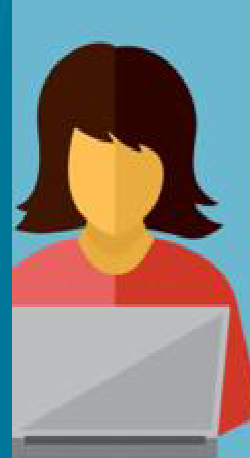
<https://ged.com/practice-test/en/calculator/>

# To-Do List Test SUCCESS

- View the computer tutorial (repeat as needed)
- Learn the basic tools of the test (highlighter, font/color change, text size, etc.)
- View the calculator tutorial (repeat as needed)
- Learn the calculator keys for required operations
- Know where to find and how to use the tools (calculator, symbol tool, formula page, calculator reference)
- Learn the whiteboard tools (pen, eraser, direction, undo, redo, clear, etc.)
- Practice using the cursor to write numbers and letters
- Repeat all of above as needed

# GED Works™

*Free Testing through:  
dozens of employers nationally  
and through new Medicaid  
Partners*



— *How* —  
*Cómo*  
**'GEDWorks**  
During a Time of Social Distancing  
funciona durante un tiempo de distanciamiento so

**GEDWorks is still available to help you start or continue studying for your GED Test.**

It's an online program designed to help you prepare for the GED test anywhere, anytime. So you can practice social distancing and GED questions at the same time.

Learn more about GEDWorks and get started today!

**GEDWorks™ todavía está disponible para ayudarte a comenzar o continuar estudiando para tu examen de GED.**

Es un programa en línea diseñado para ayudarte a prepararte para el examen de GED en cualquier lugar y en cualquier momento. Para que pueda practicar el distanciamiento social y las preguntas de GED al mismo tiempo.

¡Aprenda más sobre GEDWorks y comience hoy!

**GED.com**



**GEDWorks** - Free GED Ready's, GED Tests for AE or self-student students through 30+ of employers, orgs and Medicaid providers



**Some of Our Partners**



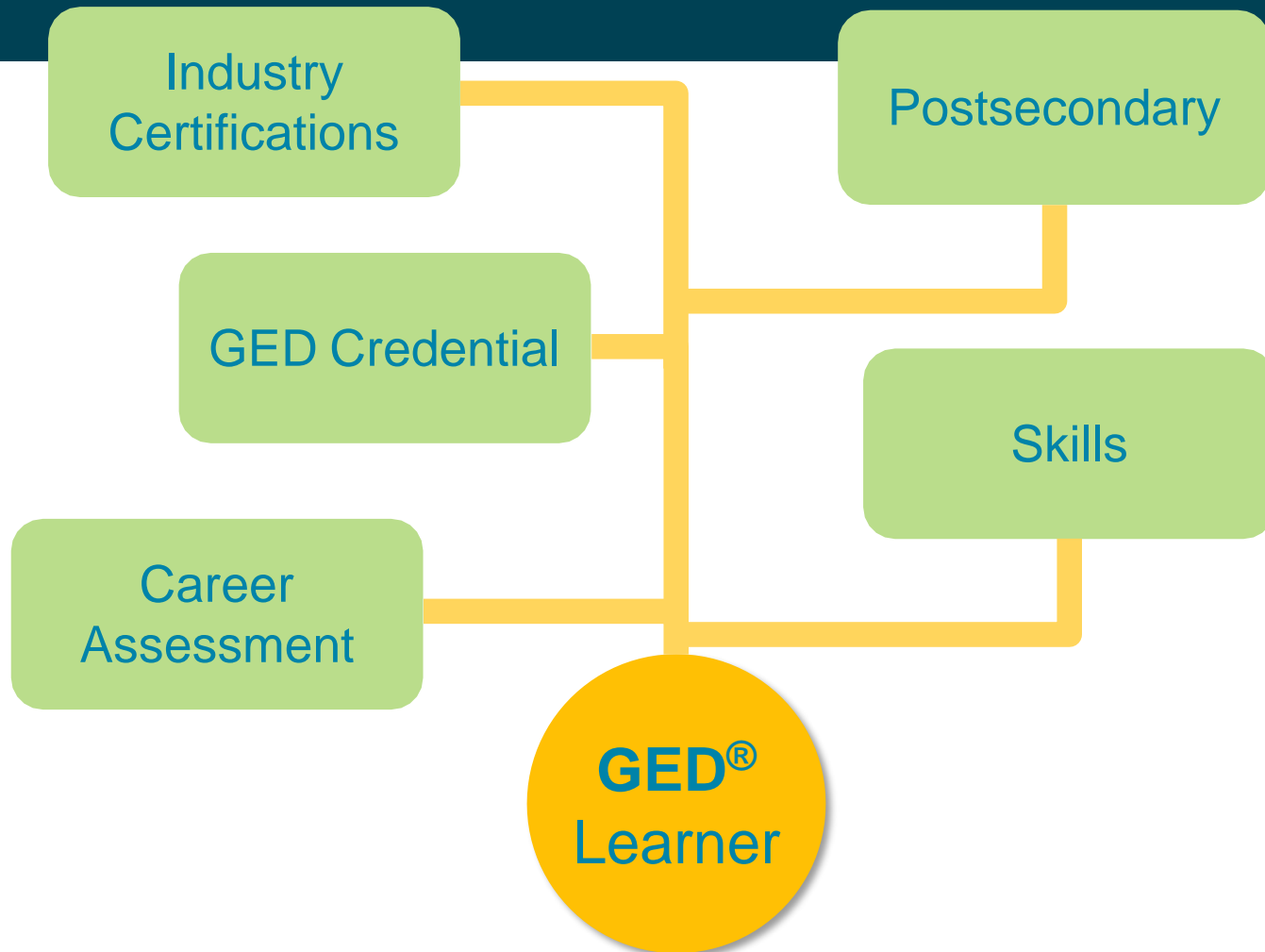


# Pathways Work: GED Works™ Pilots



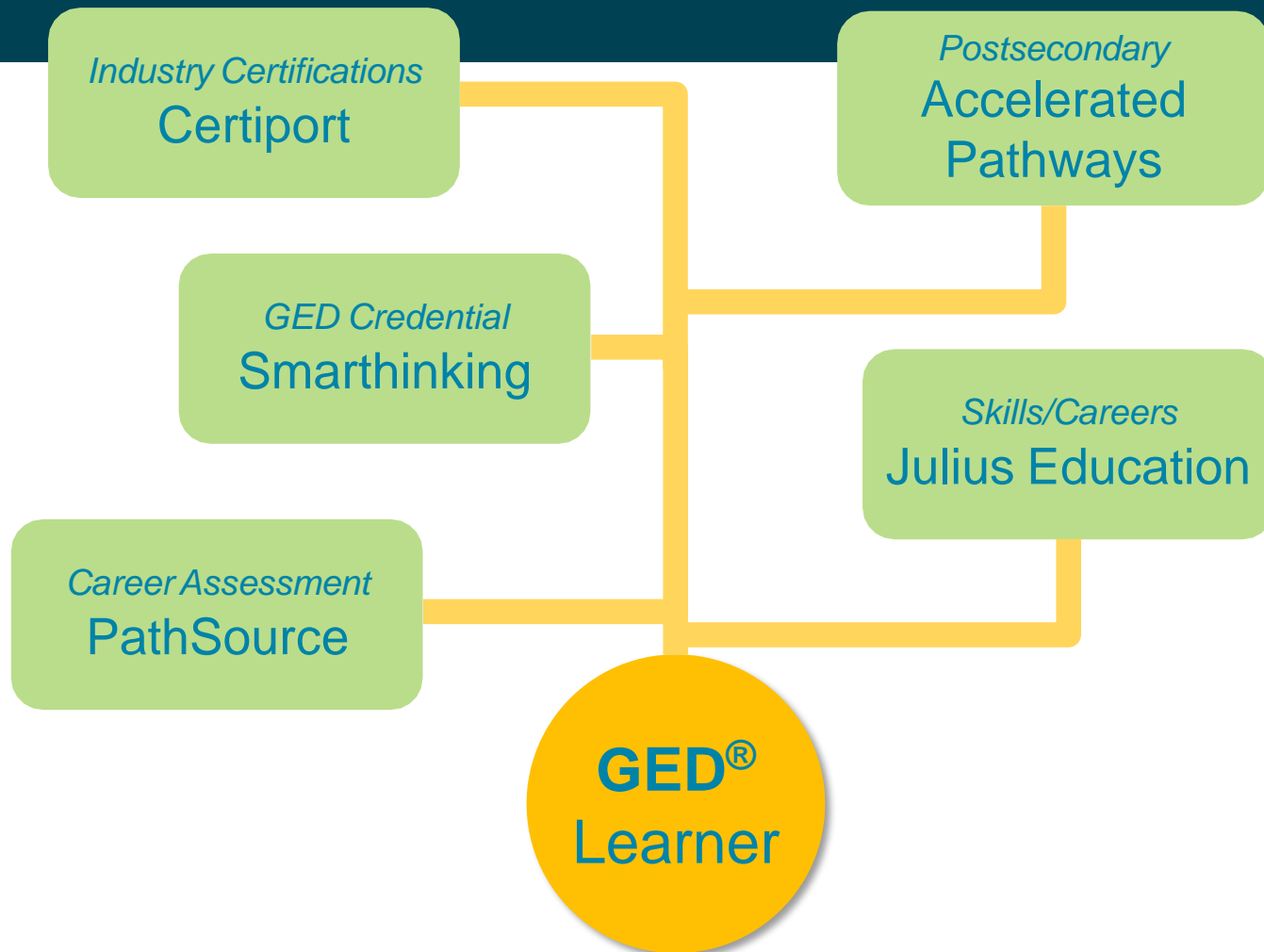
Where we are going

# Careers



## Pilots under development

# Careers



# Planning for 2021

**How can we keep students engaged and learning?**



# **Build Students' Content Knowledge, but Don't Forget Their Social and Emotional Skills!**

*Coming to a Tuesdays for Teachers in 2021*



# Content Still Matters, but...

## High Impact Indicators

All of the indicators listed in the GED® Assessment Target indicators describe the critical thinking skills necessary for success in college, career training, and the workforce. However, those we are highlighting in the High Impact Indicators are useful for educators to emphasize in their instruction.

We selected the following skills as High Impact Indicators because:

- They represent particular **foundational skills** that are the basis for the development of other Assessment Targets and have **broad usefulness** that can be applied in multiple contexts.
- They are a **good fit for classroom instruction** because they are not complicated but are important and use.
- GED® testing data suggests that **educators may not be currently focusing on these skills** in their preparation.

While focused classroom instruction on these High Impact Indicators may quickly and positively improve student performance, **educators should note that the High Impact Indicators are not more important than all indicators.** Proficiency with all of the indicators is essential for test-takers to perform well on the GED® test.

## Reasoning Through Language Arts – High Impact Indicators

Indicator	What to look for in student work: Students' work shows they have...
<b>R.3.1: Order sequences of events in texts.</b>  <i>Primarily measured with literary texts.</i>	<ul style="list-style-type: none"> <li>• located a single, discrete event or plot point in texts.</li> <li>• identified chronological and non-chronological sequences of events within texts.</li> <li>• described the progression from one event to the next in a text.</li> <li>• re-ordered events presented in non-chronological order in texts into chronological order.</li> <li>• re-ordered events provided in chronological order texts into a different order (e.g. cause-and-effect, etc.) in order to determine the text's meaning.</li> </ul>

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## Relationships Between the High Impact Indicators and Other Indicators

The High Impact Indicators are a list of key skills assessed on the GED® test that, if emphasized in instruction, can help instructors make a significant impact on student skills and performance. This document shows the relationship between the High Impact Indicators and other indicators assessed on the GED® test. Adult educators can use this resource to create instructional plans that address the maximum number of skills in the limited time they have available with students. Providing instruction in a single High Impact Indicator area can help students broaden and deepen their skills, enabling them to apply those skills in multiple ways and in a variety of contexts across all of the content areas covered by the GED® test.

**Note:** High Impact Indicators appear in BOLD type.

### Reasoning Through Language Arts – High Impact Indicators

High Impact Indicator	Related Indicators from Other Content Areas		
RLA	Social Studies	Science	Mathematical Reasoning
<b>R.3.1: Order sequences of events in texts. Primarily measured with literary texts.</b>	<b>SSP.3.a. Identify the chronological structure of a historical narrative and sequence steps in a process.</b>  <b>SSP.3.b. Analyze in detail how events, processes, and ideas develop and interact in a written document; determine whether earlier events caused later ones or simply preceded them.</b>  <b>SSP.3.c. Analyze cause-and-effect relationships and multiple causation, including action by individuals, natural and societal processes, and the influence of ideas.</b>  <b>SSP.3.d. Compare differing sets of ideas related to political, historical, economic, geographic, or societal contexts; evaluate the assumptions and implications inherent in differing positions.</b>	<b>SP.3.b. Reason from data or evidence to a conclusion.</b>  <b>SP.3.c. Make a prediction based upon data or evidence.</b>	<b>MP.1.a. Search for and recognize entry points for solving a problem.</b>  <b>MP.1.b. Plan a solution pathway or outline a line of reasoning.</b>  <b>MP.1.d. Recognize and identify missing information that is required to solve a problem.</b>  <b>MP.1.e. Select the appropriate mathematical technique(s) to use in solving a problem or a line of reasoning.</b>  <b>MP.2.c. Recognize the important and salient attributes of a problem.</b>  <b>MP.3.a. Build steps of a line of reasoning or solution pathway, based on previous step or givens.</b>  <b>MP.3.b. Complete the lines of reasoning of others.</b>  <b>MP.3.c. Improve or correct a flawed line of reasoning.</b>

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1

# Simplify and Slow Down

Ask yourself the following!

- What knowledge is essential?
- What are prerequisite skills that students need to address the new content?
- What practice can be emphasized that transfers across multiple content areas?
- What skills promote analyzing text, constructing arguments, and building knowledge, each of which is needed in real-life and the workplace?
- What skills have greatest relevance to students?

Melanie Kitchen, Curator of Creative Curiosity

<https://sites.google.com/view/curatorofcreativity/blended-learning>



“As you grow older you will  
THAT YOU HAVE **DISCOVER**  
**TWO**  
**HANDS** **HELPING**  
**YOURSELF** **OTHER**  
**FOR**  
**HELPING OTHERS.”**

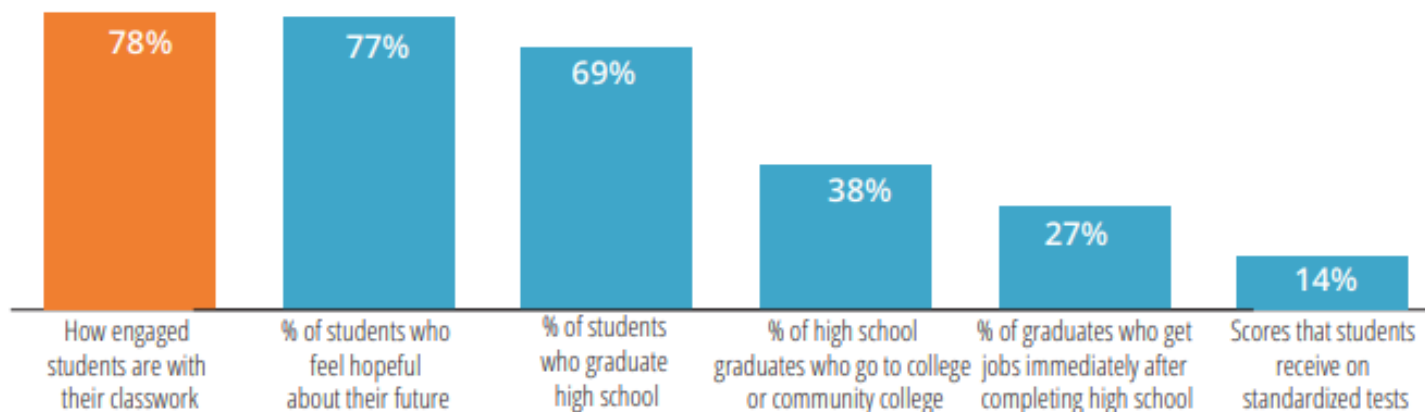
– MAYA ANGELOU



# The Research is In!

## ENGAGEMENT IS A GOOD MEASURE OF SCHOOL EFFECTIVENESS

How important do you think each of the following is for measuring the effectiveness of the public schools in your community?



Source: Gallup. <http://www.gallupstudentpoll.com/home.aspx>

# The Research is In!

## ENGAGED STUDENTS (49%) ARE ...

2.5x

more likely to  
say they get  
**excellent grades**

2.5x

more likely to  
**strongly agree they**  
do well in school

4.5x

more likely to  
**be hopeful**

... THAN THEIR ACTIVELY DISENGAGED PEERS.

## DISENGAGED STUDENTS (22%) ARE ...

10.0x

more likely to  
**strongly disagree**  
that they do well  
in school

9.0x

more likely to say  
they **get poor**  
**grades at school**

7.2x

more likely  
to **be**  
**discouraged**

2.0x

more likely to  
say they **missed**  
**a lot school**  
**last year**

... THAN THEIR ENGAGED PEERS.

# Help Students Build Mindfulness

**Mindfulness** is a state of awareness and a practice;<sup>1</sup> it involves attending to the present moment and cultivating an attitude of curiosity, openness and acceptance of one's experience.<sup>2</sup>



From: Transforming Education at:  
<https://transformingeducation.org>

# Why Mindfulness Matters: Research Findings

Attention to mindfulness has risen exponentially in recent years, largely thanks to encouraging research across a wide range of fields and institutions.<sup>3</sup> Below are some of the findings which are of particular interest for those in educational contexts. Mindfulness leads to:

From: Transforming Education at: <https://transformingeducation.org>

## Academic

- Improvements in cognitive performance, school self-concept, and engagement<sup>4</sup>
- Greater attention<sup>8</sup>
- Reduction of anxiety in high-stakes testing<sup>9</sup>

## Mental & Behavioral Health

- Decreases in stress levels<sup>8</sup>, emotional over-excitement and depression symptoms<sup>10</sup>
- Increases in emotional well-being and self-compassion<sup>11</sup>
- Lower self-harm<sup>12</sup>

## Social Behavior

- Healthier responses to difficult social situations<sup>13</sup>
- Reduction of implicit bias<sup>14</sup>
- Increases in compassionate responses to others in need<sup>11</sup>

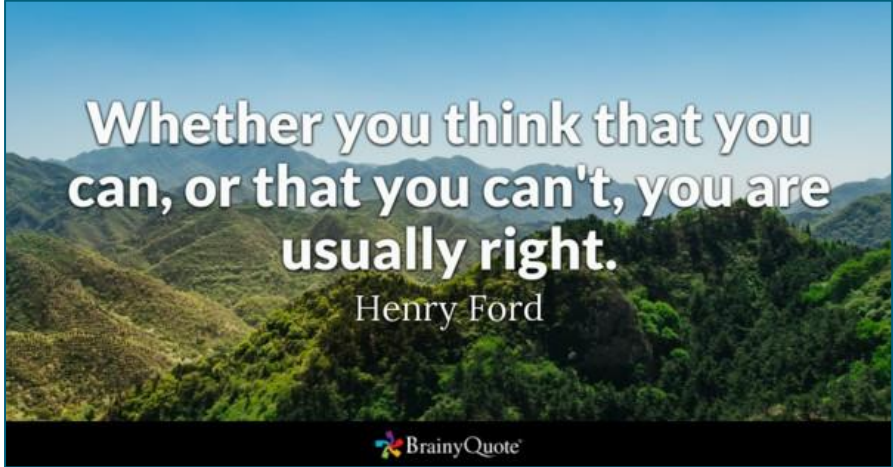
# From Fixed to Growth Mindset

## Fixed mindset

- Character, intelligence, and creative ability are static and can't changed.
- Creates a need to prove yourself over and over.


## Growth mindset

- Thrives on challenges and sees failure as a springboard to growth and expanding abilities
- Instead of trying to prove yourself, you can improve your self.



Whether you think that you  
can, or that you can't, you are  
usually right.

Henry Ford

 BrainyQuote®

# Nurturing Mindfulness and a Growth Mindset

“A gardener can’t force a seed or plant to grow, neither can a teacher make a student more motivated, develop a growth mindset, or perform better at school.”

Jasmine Green & Andrew Martin

<https://www.aare.edu.au>

You can

- Create the conditions
- Monitor and maintain the environment
- “Plant the seed” by providing information and presenting the curriculum
- Use praise/feedback wisely
- Watch your own mindset



COMING

SOON!

Tuesdays for  
Teachers 2021

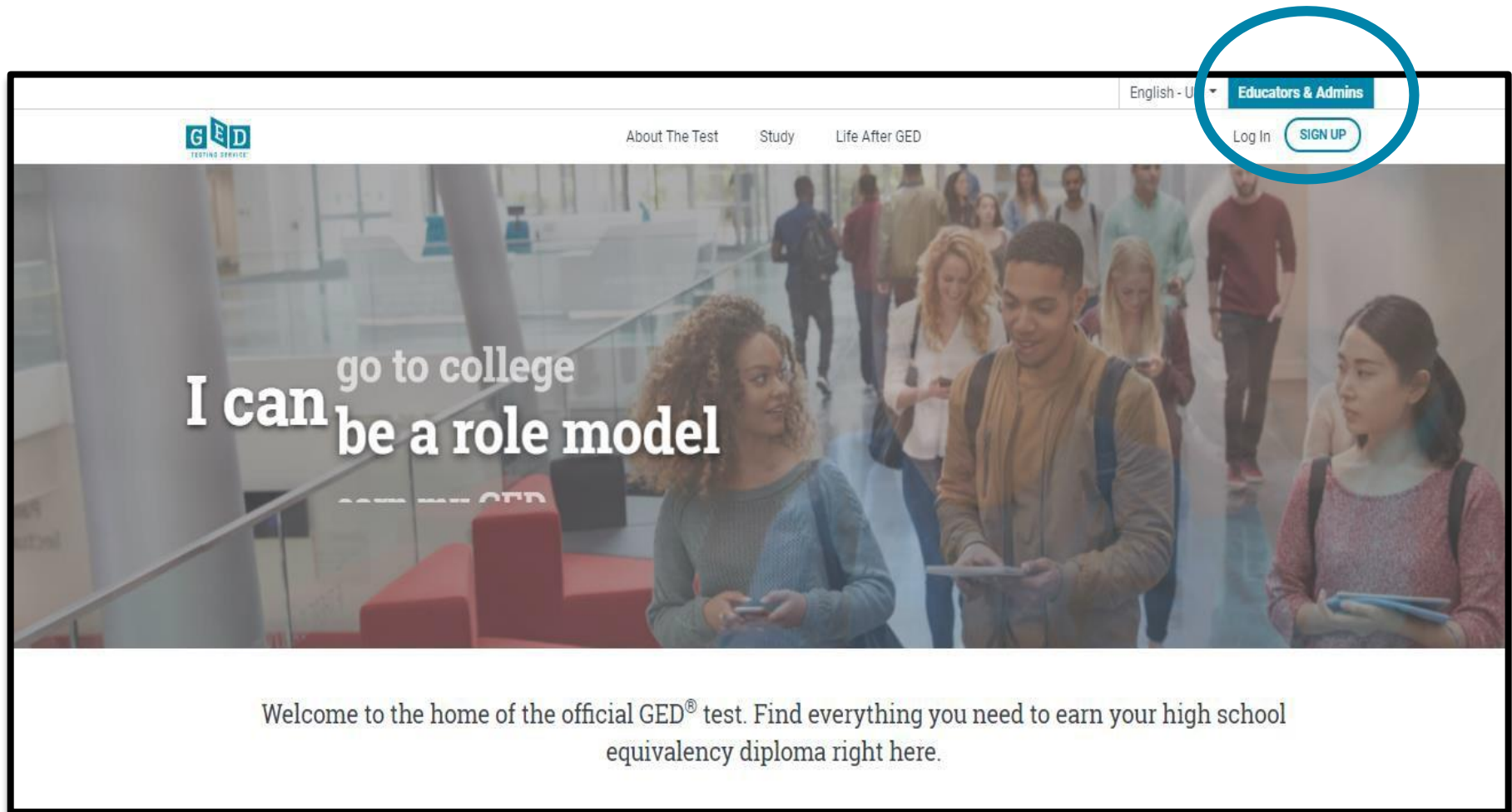
Teachers 2021

New Content  
New Strategies  
New Stuff for the  
New Normal!

New Normal!  
New Stuff for the  
New Strategies



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<https://ged.com/>

# Questions?

*Thank you for joining us today!*

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