

Links to materials and documents discussed

December 10, 2024

Test Anxiety

Handout for Today's Session

<https://tinyurl.com/gedt4t1224>

Patricia Heaton Who Wants to be a Millionaire Video

<https://www.youtube.com/watch?v=YtrZ4Dec6eo>

TED talk "How to Make Stress Your Friend" (Reframing Technique)

<https://www.youtube.com/watch?v=RcGyVTAoXEU&t=303s>

Dr Carol Dweck TED Talk "The Power of Yet"

<https://www.youtube.com/watch?v=J-swZaKN2lc&t=186s>

Malleable Intelligence Handout

<https://sdall.org/wp-content/uploads/2022/07/Malleable-Intelligence-Handout.pdf>